



Guacamole

A RECIPE BY LANCHANA GREEN

Ingredients

- 1 avocado
- 1/2 lemon, squeezed
- 1-2 garlic cloves, minced
- chili flakes
- bunch of chopped coriander
- 1-2 fresh tomatoes chopped (optional)

Depending on size of avocado, serves 2-3 people.

Directions

- In a bowl mash up the avocado and add the rest of your ingredients.
- Keep refrigerated until ready to serve.